designed, activities and research to establish proof of concept or pilot data to facilitate the securement of additional external funds to support on-going efforts aimed at addressing important issues related to well-being in older adults.

STUDENT RESEARCHER REQUIREMENT

A requirement of all proposals is the inclusion of undergraduate and/or graduate students. WSU is committed to providing applied learning or research experiences for all undergraduate students in order to maximize their skill sets at graduation.

WHO IS ELIGIBLE?

All full-time WSU faculty members from any department who have not been a PI on a grant funded by the RIA in the last two years are eligible to apply. WSU graduate students may also apply for funds to support making programs or activities more age-friendly or to supplement age-related research or projects. A WSU faculty letter of support is required for all student applications.

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For the purpose of these proposals, research should focus on adults age 60 and older.

WHAT IS THE DIFFERENCE BETWEEN FOUNDATIONAL AND APPLIED RESEARCH? For the purpose of these proposals, foundational research is focused on learning or creating new knowledge. Applied research is focused on the application or extension of existing knowledge.

WHAT IS THE LENGTH OF THE GRANT PERIOD?

Projects will be funded for a maximum of 12 months. Shorter term projects will also be considered. These grants are not renewable, however no-cost extensions can be requested for a period of no more than 9 months.

WHAT CAN BE INCLUDED IN THE BUDGET?

Allowable costs include direct costs only, such as personnel costs, stipends for undergraduate and graduate researchers, laboratory and/or research costs, and supplies, travel, conference costs, and publication costs. No major equipment purchases will be covered. No indirect costs will be paid.

WHAT IS THE TIMETABLE FOR APPLICATION AND NOTIFICATION OF AWARDS?

- Release of announcement
- Letters of Intent (LOIs)
- Application due date
- Review
- Awards announced
- Earliest Project start date

December 1, 2024 February 10, 2025 March 15, 2025 April 2025 May 10, 2025 May 11, 2025 • Latest Project start date

- a) The Line-item budget includes all expenses and income, including grant funds requested from RIA and funds received and/or requested from other sources for this project.
- b) The budget narrative describes how the budget related to the proposed project activities. Budget narratives should include a description for each line item identified in the budget.
- c) The timeline corresponds directly to the activities that are described in the proposal.

TERMS OF AWARD

If awarded, the grantees agree to the following terms.

- 1. Funds must be used within one year from the date of the award.
- 2. Grant recipients agree to present their research in either presentation or poster form at an RIA sponsored colloquium.
- 3. Grant recipients must acknowledge funding from the WSU Carl and Rosina Cassat Regional Institute on Aging Grant in any presentations or publications that result from the research conducted through the grant.

HOW TO SUBMIT Format:

- 1. Please use either Arial, Calibri, or Times New Roman font with a font size no smaller than 11 and margins on all sides of 1 inch.
- 2. The executive summary and the proposal narrative may be single-spaced.
- 3. Please name all files with <u>your last name</u> in lower case followed by RIA followed by file identifier, e.g. " smith_RIA_exsumm.docx" or " smith_RIA_budget.xlsx."

Transmitting files:

1. Email all files named as shown above, plus a <u>completed research proposal</u> routing form, to Dr. Carryl Baldwin, Region